Southern Antelope Valley Area Narcotics

July 2024 Volume 1, Issue 7

## The Tumbleweed Newsletter

Step Seven

"We humbly asked Him to remove our shortcomings."

Seventh Tradition:

"Every NA group ought to be fully self-supporting, declining outside

contributions>'

Spiritual Principles:

Willingness, Compassion, Humility, Anonymity

#### Preparing to work Step 7, pg. 64, SWG

In a general way, the following are answers to questions 1-3 on the bottom of pg. 64 of the Step Working Guide.

Humility has been a change of attitude for me, that I didn't welcome at first, but now embrace. It has taught me that I don't have to be right and I don't have to have the last word. Circumstances that rubbed me the wrong way can be dealt with in a more calm, nurturing manner. If I am not humble, I will be humiliated—that has happened too. Being returned to a place of powerlessness reminds me that change is still necessary.

Along this journey, I learned to accept criticism. I was new and the people (sponsor, sponsee family, & predecessors) who would criticize me, I knew they loved me and wanted to teach me. Now when I am criticized, it is very specific ad something I need to look at, but that's rare. Thank God I grew up some. Because of this, my family interactions are wonderful and I thank God for this as well.

I wrote to encourage all newcomers to get a sponsor who has worked the steps, on step at a time, in order.

We can only keep what we have, but giving it away! —PL

#### Ask An Addict

You will find these slips of paper at every meeting in the SAVANA Area. We need your contribution to our Newsletter! Please fill out a slip at any meeting and place it in the basket for your GSR to submit on your behalf, or email us directly at:

NewsletterSAVANA@gmail.com



### **Helpful Information**

- 24hr Helpline661-266-2200
- 24hr Regional Hotline 800-863-2962
- www.SAVA-NA.org
- NA Meeting Search App android/ iPhone

## Monthly Service Committees

- ◆ Area-1st Sunday, 2pm 44231 Division St. Lancaster
- ◆ Activities 2nd Saturday, 5:30pm 3256 E. Ave. H-10 Lancaster
- H&I- 4th Thursday, 7pm 44447 10th St. W., Lancaster (Tarzana Treatment Center, front parking lot)
- ◆ Public Relations 4th Saturday, 12pm, 502 W. Ave. K, Lancaster
- Newsletter– last Friday, 6pm
   502 W. Ave. K, Lancaster

## <u>Upcoming Area Events</u>

- Summer Circus Bash- 2pm, Saturday July 27th, 918 W. Ave. J, Lancaster
- Labor Day Picnic 11am,
   Monday September 2nd,
   38115 30th St. E. Palmdale

## Happy Birthday June

Chuck B..... 06/26/89 Charlie O......06/16/92 Phil S......06/25/95 Bobby G......06/12/96 Mona O......06/10/00 Laura H......06/08/05 Lou N......06/15/07 Sammy E......06/04/08 Robert H......06/10/11 Debra R......06/13/13 Sandy A......06/17/14 Margaret A.....06/01/21 Kathy R......06/01/21 Frank H......06/27/21 Kimberly C......06/08/22 Marissa.....06/21/23

#### **For Next Month:**

Send us your art or poetry for publication!

email:

## NEWSLETTERSAVANA @GMAIL.COM

Or reach out directly to one of our committee members

Your email implies your consent to publish your content

# Anonymity: the quality or state of being anonymous. Anonymous: not named or identified.

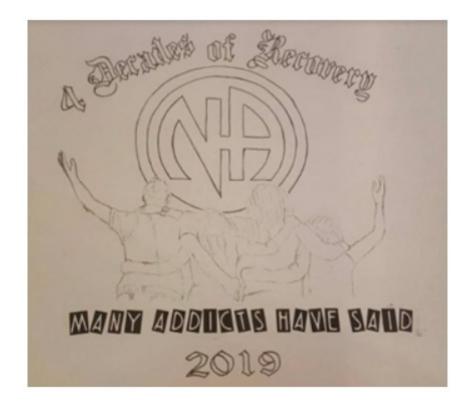
-Webster's New World Dictionary

**Opportunities for Service**— Do you need to get out of "self" and into service? Here are just some of the subcommittees in the area with open positions: **Tumbleweed Newsletter (Secretary)**, **H&I**, **Public Relations**, and **Activities** *Please visit the subcommittee meeting for more information* 

Humility: freedom from pride or arrogance

—Webster's New World Dictionary

#### **Art From An Addict**



#### **Newsletter Staff**

Amber B.– Chair Phil S.— Vice Chair

**TBD— Secretary** 

Nancy H. — Editor

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TBD— Columnist

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