

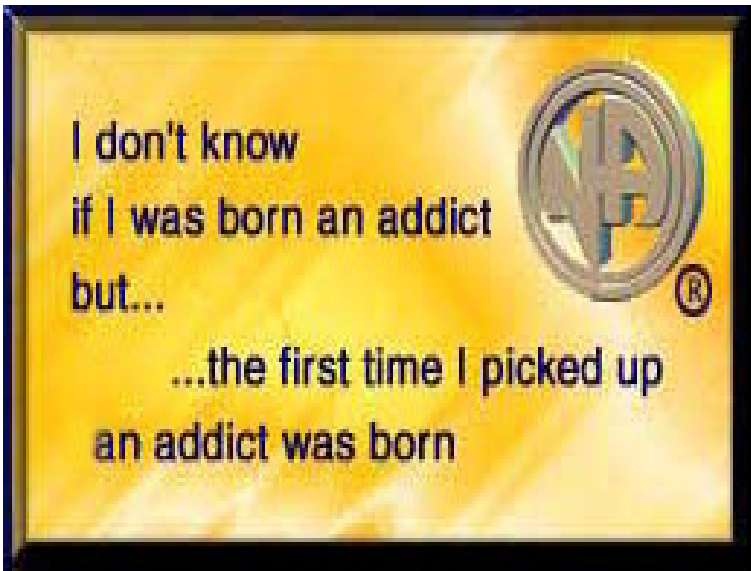


The Tumbleweed Newsletter



Southern Antelope Valley Area Narcotics Anonymous Newsletter

December 3, 2006



The Simple Approach to the 12 Steps

- Step 1:** There's a power that will kill me.
- Step 2:** There's a power that wants me to live.
- Step 3:** Which do I want? (If you want to die, stop here. If you want to live, go on.)
- Step 4:** Using examples from your own life, understand that selfishness, dishonesty, resentment, and fear control your actions.
- Step 5:** Tell all your private, embarrassing secrets to another person.
- Step 6:** Decide whether or not you want to live that way any more.
- Step 7:** If you want your life to change, ask a Power Greater Than yourself to change it for you. (If you could have changed it yourself, you would have long ago.)
- Step 8:** Figure out how to make right all the things you did wrong.
- Step 9:** Fix what you can without causing more trouble in the process.
- Step 10:** Understand that making mistakes is part of being human (When you make a mistake, fix it, immediately if you can.)
- Step 11:** Ask for help to treat yourself and others like you, the way you want your higher power to treat you.
- Step 12:** Don't stop doing 1 through 11. AND PASS IT ON!!

Author Unknown

N.A. Birthdays

Anthony B.....12-12-04	Lena H.....10-18-04
Terry P.....10-18-04	Gilbert U.....10-29-04
Trish.....11-19-04	Pat M.....11-25-03
Peter.....11-07-92	

Spiritual Principle

Consistent – Consistently, Agreement, Harmony, Holding always to the same principles and practices

Opposites (Character Defects) – Inconsistent, Erratic, Unsuitable, Discordance, Disharmony, Unstable

Upcoming Events

Pancake Breakfast/Meeting – January 6th at 9:00am - Tickets \$5.00 each – hosted by the Lost and found Group, 339 E. Ave K-8 #115

Christmas Marathon Meetings – December 24th @ 6:00pm thru December 26th @ Midnight – meetings every 2 hours @ 339 E. Ave K-8 #115

New Years Eve Dinner/Meeting/Dance – December 31st @ 5:00pm – Pot Luck Dinner 5:00pm thru 7:00pm – Speaker Meeting 7:30pm thru 9:00pm – Dance 9:00pm thru 1:00am (\$5.00 suggested donation) - hosted by the Lost and found Group, 339 E. Ave K-8 #115

4th Tradition Opinion

I often do not speak up at meetings, area, and group or otherwise for my fear of being rejected disliked or worse chastised, but something has come up that I cannot sit back and just let slide by. Like a lot of us I love Narcotics Anonymous and it is because of this love that I cannot sit back and keep quiet. There are a lot of traditions in the basic text but one of them has surfaced for me, after the last area meeting. "Every group should be autonomous, EXCEPT in matters affecting other groups or NA as a whole." There are actually two parts to this tradition and I am by no means an expert but when I read the first part of this tradition what I am seeing is that when a group forms they have the right to make their own decisions and do whatever they want. But the key to this tradition is not just understanding the first part but incorporating the second part, which states, "EXCEPT in matters affecting other groups or NA as a whole." It was suggested that no group has been as thoroughly investigated, as is one of our groups at the moment. I have to say that in my small amount of years around here this is not true. There was a meeting that was meeting on 5th Street East in Palmdale several years back where the owner was accused of violating our traditions. The area sent several members to this meeting to investigate and they came back with their information. The owner was indeed violating our traditions and the meeting was forced to find another facility or close. The reason I bring this up is because it is a great example of this tradition. A meeting cannot do whatever they want when it affects other groups or NA as a whole. Which means that if a meeting is being held in a building, owned by whoever and there is a concern that what is going on in that building is in violation of traditions, guidelines or concepts and yes our liability insurance (if anything were to happen it would effect NA as a whole), the area and any member of Narcotics Anonymous has the right to ask that the area investigate and bring back their results so that the representatives at the area can make an informed decision. It does not really matter what the motives are by these members (although we would hope that they are not out of malice) what does matter is that none of our meetings are in violation of ANY of our traditions.

One more thing if you are doing something with the right motive and all your ducks are in a row, what does it matter what anyone is saying about you or what your group is doing. I am not justifying these actions because it is hurtful and painful and it tears down our fellowship but it has been known to happen around NA and I have found that the only one I answer to is my Higher Power so it doesn't really matter what anyone else says.

Anonymous

Service Committees

Area Meeting – 1st Sunday at 44839 Yucca Ave at 2:00pm.

H&I – 4th Thursday at 918 W. Ave. J room 14 at 7:30pm.

Activities – 3rd Monday at 339 E. Ave K-8 Ste 115 at 7:00pm.

Phone lines – 3rd Saturday at 339 E. Ave K-8 Ste 115 at 5.00pm.

PI – 3rd Saturday at 1828 E. Ave J9 Unit #4 at 6:00pm

Newsletter – 2nd Thursday at 41033 13th St. West at 6:00pm.

Convention – 3rd Wednesday at the R.S.O. – 1937 Myrtle Ave. in Monrovia 7:30pm.

Helpful Info

Tumbleweed Newsletter % S.A.V.A.N.A.
P.O. Box 902785
Palmdale, Ca. 93550

24hr Helpline – (661)266-2200
24hr Regional Helpline – (800)863-2962

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