



# The Tumbleweed Newsletter



Southern Antelope Valley Area Narcotics Anonymous Newsletter

November 5, 2006

## Ask the Addict

“Why are there so many unfilled commitments on H&I panels? Don't people understand how important being of service is?”

First off I got this question back when there were more panels open on H&I as compared to the only 2 or 3 panels open currently. But basically there are only so many people serving on the H&I committee and some of them have 2 and 3 panels each. This situation occurs from time to time as it does in all areas of service to NA. Sometimes there are just not enough people volunteering their time to be of service to NA and as much as I agree with the seriousness of the question – who am I to question someone else's ability to be of service. I can only speak for myself in these situations.

## Spiritual Principle

**Perseverance** - the act of persevering, to continue in effort or course of action in spite of difficulty

**Opposites (Character Defects)** - to give up, quit, in active hopeless

## N.A. Birthdays

Brenna.....10-01-97	Rod M.....10-10-89
Dave M.....11-03-98	Robin P.....10-14-02
Allison A.....11-05-97	

## What's in a name, Narcotics Anonymous?

We stand here in the

**Now,**

**Arriving with serenity everyday,**

**We Read** the basic text for knowledge,  
people **Come** to our meetings to surrender our disease,

**Oh God** please help us in the now!

**This** is the moment we keep each and every minute simple,

**I love** this program how about you?

**Come** visit our fellowship please, and **Stay** for a spell!

This is a program of complete

**Abstinence,**

**Now** we stand together,

**One** moment at a time,

**Now** we stand together as one

**You** are family to this group everyone!

**Meetings** arrest our drug addictions for the time,

**One** moment at a time the few become one,

**United** we

**Sit** and listen!!

Linda Pettigrew, 9-06

## Upcoming Events

**Pancake Breakfast/Meeting** – December 2 at 9:00am - Tickets \$5.00 each – hosted by the Lost and found Group, 339 E. Ave K-8 #115

**Friday Night Dance** – November 10<sup>th</sup> after the 8:00pm Speaker Meeting - hosted by the Lost and found Group, 339 E. Ave K-8 #115

**Speaker Jam** – November 18<sup>th</sup> starting at 10:00am, Main Speaker Meeting @ 7:30pm, Dance after Main Speaker meeting - hosted by the Lost and found Group, 339 E. Ave K-8 #115

**SAVANA Thanksgiving Marathon Meetings** – November 24<sup>th</sup> 9:00am thru Midnight - 339 E. Ave K-8 #115

**Southern California Regional Convention** – November 24<sup>th</sup> thru 26<sup>th</sup>, Double Tree Hotel – Ontario, On-site registration \$25.00, pre registration \$20.00 – Flyers available

## Directions to NA: Just go straight to hell and make a u-turn.

NA: Being a part of something is more important than being the center of attention.  
NA is the only place where you can walk into a room full of strangers and reminisce.  
NA romance.... the odds are good... but the goods are odd.

NA: Look for a way in; not for a way out.

NA: We are not reformed drug users, but informed addicts.

NA has no fixed address -- you can take it with you.

NA: We are here for a reason, not for the season

NA Groups: A NA group will be judged by the worst behavior of its members

Before I came to NA I was dead, but did not know enough to lie down.

In NA there are no losers -- just slow winners

Addict (as defined by self): A piece of crap that the universe revolves around.

Addict: Someone who refuses to give up a life of failure without a fight.

Addict: A person who when s/he goes to a wedding, wants to be the bride and when s/he goes to a funeral, wants to be the corpse.

An addict is someone who wants to be held while isolating.

Addict: "I may not be much, but I'm all I think about."

Addict: "If I could use like a normal addict, I'd use all the time!"

Addicts burn their bridges in front of them.

An addict is someone who finds something that works and then stops doing it.

If you think that you are an addict, chances are you are.

An addict is a person with two feet planted firmly in mid-air.

Non-addicts change their behavior to meet their goals; addicts change their goals to meet their behavior.

An addict can be in the gutter and still look down on people.

High bottoms have trap doors

If the cure works, chances are you have the disease.

Three **most** dangerous words for an addict: **"I've been thinking"**

From Ivan, in Mumbai, India

## Service Committees

**Area Meeting** – 1<sup>st</sup> Sunday at 44839 Yucca Ave at 2:00pm.

**H&I** – 4<sup>th</sup> Thursday at 918 W. Ave. J room 14 at 7:30pm.

**Activities** – 3<sup>rd</sup> Monday at 339 E. Ave K-8 Ste 115 at 7:00pm.

**Phone lines** – 3<sup>rd</sup> Saturday at 339 E. Ave K-8 Ste 115 at 5:00pm.

**PI** – 3<sup>rd</sup> Saturday at 1828 E. Ave J9 Unit #4 at 6:00pm

**Newsletter** – 2<sup>nd</sup> Thursday at 41033 13<sup>th</sup> St. West at 6:00pm.

**Convention** – 3<sup>rd</sup> Wednesday at the R.S.O. – 1937 Myrtle Ave. in Monrovia 7:30pm.

## Helpful Info

Tumbleweed Newsletter % S.A.V.A.N.A.  
P.O. Box 902785  
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24hr Helpline – (661)266-2200  
24hr Regional Helpline – (800)863-2962

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## Tumbleweed Staff

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