



The Tumbleweed Newsletter



Southern Antelope Valley Area Narcotics Anonymous Newsletter

July 11, 2004

Basic Text Excerpt

Desire is our only requirement. Addiction does not discriminate. This tradition is to ensure that any addict, regardless of drugs used, race, religious beliefs, sex, sexual preference, or financial condition is free to practice the N.A. way of life. With "...a desire to stop using" as the only requirement for membership, one addict is never superior to another. All addicted persons are welcome and equal in obtaining the relief that they are seeking from their addiction; every addict can recover in this program on an equal basis. This tradition guarantees our freedom to recover.

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Something of Depth

There comes a time in every man's life when he must decide what he truly wants of it. When this time comes, he must have a clear mind; free from all distractions, drugs, stimulants and clear of all mind-controlling substances.

He must be alone in his decision, yet being supported by others is always for the better. Whatever he decides, he knows that he must live with the consequences, good or bad, for the rest of his mortal life and perhaps beyond.

Beyond in a realm of beautiful light or fearful darkness, who is to say for certain. However, the thought of this decision is none-the-less hard for him to digest. Will this man succeed in life? If he has the opportunity to reflect when his time comes, will this man benefit the lives of those around him and fulfill his promises to those whom he loves more than life itself?

Will those people be loving and faithful to him when all is said and done? In the end, he truly hopes so... Hopes that he will make the right decisions and live a worthwhile life; Oh God, he does truly hope so!

I am this man. My name is of little importance. My decision, however, is of the most extreme importance. So now, with my comprehension high, my mind open and my heart willing, I must go... I have a decision to make.

Anonymous

Birthdays

Michael M.....06-02-97	Steve C.....06-03-03
Dona R.....06-09-00	Veronica A.....06-09-03
Loretta C.....06-28-86	Gigi La-Mc.....07-01-85
Faith A.....07-04-98	Gail B.....07-10-91
Phil.....06-25-95	Willie T.....06-06-99
James A.....06-13-01	

Spiritual Principle

Acceptance – 1.Principle to receive willingly 2.An agreeing either expressly or by conduct

Opposite – Denial, Avoidance, Reject

I.E. - Fear

Upcoming S.A.V.A.N.A. Events

Mid Summer Dance – July 24th – More will be revealed

Beach Day – August 14th at Zuma Beach – More will be revealed

Camp Out – September 10th thru 12th at Camp Yenis Hante – Sign up now for only \$55.00 before it goes up. Newcomers (less than 6 months) attend the August Activities meeting for a chance at 1 of 3 free passes for the Camp Out. Must be present to win.

A Personal Story

When I first came into the rooms of Narcotics Anonymous I didn't want to be here. I got busted and I was looking at quite a few years in prison. The Prop 36 bill had just passed and my attorney felt I was eligible. I told myself I could do whatever I had to do to get through the nine months of treatment, rather than the stretch in prison. Because, don't 'cha know, I didn't think I was an addict. I did everything I could trying to beat the system and to get around what the judge had ordered me to do, except stay clean. I manipulated my way for the longest time... I signed or had other people sign my court card, bullshitted my way through groups at the treatment center, I had a few positive UA's so I found a way around that too, told my counselors what I thought they wanted to hear and smiled for the judge. When I did go to meetings, I went to as many different meetings (NA, CA, & AA) as I could find. I went on different days and different times, all in the hope that no one would get to know me. I did this for nine months, I was finally going to graduate and be done with Prop 36 crap, so I thought. My last UA came back positive and the judge ordered me into residential treatment. I was not a happy camper...I wasn't in control anymore. I did not want to leave my world and go into the world of forced treatment, because I'm not and addict! And I definitely did not want the alternative of prison. I spent six months in the residential facility and then six more months in out-patient and aftercare. It took me a little over two years to complete Prop 36 and get my hug from the judge. Today I know that this was my Higher Power doing for me what I could not do for myself. I was told that there was only one thing I had to change and that was everything. This seemed completely impossible and out of the question. I am now a very grateful person for this change in my life. At first this was not easy. I was terrified of change, but deep down I knew I had to change because I was miserable. My life was definitely out of control and unmanageable. For years I either numbed my emotions with drugs or talked myself into a case of the fuck-its. When I started applying the spiritual principles to my life and in my life every day, it became easier. "Three of these that are indispensable are: Honesty, Open-mindedness and Willingness." I have to be honest with myself, open-minded to suggestions and willing to change. Today I appreciate being clean. Today, through NA, I am learning a new way to live. Today I am eager to learn this new way of life. I do this by attending meetings on a regular basis and the four S's – Sponsor, Steps, Spirituality, and Service. Today I have a feeling of hope and serenity. Today I welcome NA into my life and pray that you too will find your way into the rooms and this wonderful fellowship.

Anonymous

Service Committees

Area Meeting – 1st Sunday at the Arid Club at 2:00pm.

H&I – 4th Thursday at Lancaster United Methodist Church room 14 at 7:30pm.

Activities – 3rd Monday at 725 E. Ave J at 6:30pm.

Phone lines – 4th Saturday at St. Stephens Church. Potluck begins at 5:30pm.

PI – 3rd Saturday at Lancaster United Methodist Church room 14 at 7:30pm

Newsletter – 2nd Friday at Church of Christ at 6:30pm.

Convention – 3rd Wednesday at the R.S.O. – 1937 Myrtle Ave. in Monrovia 7:30pm.

Helpful Info

Tumbleweed Newsletter % S.A.V.A.N.A.
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