



The Tumbleweed Newsletter



Southern Antelope Valley Area Narcotics Anonymous Newsletter

April 1, 2007



Saturday Morning Women's Retreat

March 24, 2007 at 10 AM we held our first meeting in our new location with 16 ladies in attendance. We are pleased and excited at our new meeting location at 502 West Avenue K in Lancaster. This facility provides plenty of room for growth and is easier to accommodate the children. Kudos and much gratitude to our secretary Linda for doing the footwork to get the new place, and to Sandii for her assistance. We appreciate everyone who helped spread the word about our sudden move. This women's stag meeting was started about 14 or 15 years ago by Dolores S., a long time member of NA who passed away in 2003 with 27 years clean. (I apologize if my dates are a little off) She felt the need for women to be able to gather and talk about issues that may be difficult to share in mixed meetings. It was at her suggestion (and a few others) that I attended the meeting for the first time in 2001 with three years clean. Personally I have gained so much from my participation over the last six years. Along with my step work this meeting has been a major part of my emotional and spiritual growth. I've had the chance to really get to know some awesome women and have made true friendships that will last a lifetime. It is a great place to meet some women with time or to come and share with those new to the program. We have a potluck lunch on the 4th Saturday of every month and you can bring your favorite dish if you like but everyone is encouraged to stay and share in the food and fellowship with the women. Hope to see you there!

Debbie H
Live simply. Love generously. Care deeply. Speak kindly. Leave the rest to God.

N.A. Birthdays

Julia H.....03-17-05	Chad V.....03-17-05
Olga R.....03-16-91	Jeff B.....03-12-69
Rob G.....03-08-02	Desearee..03-27-99
Dennis D....04-01-93	

Quote of the Month

"The significant problems we face in life cannot be solved by the same level of thinking that created them."

Albert Einstein

Spiritual Principle

Fellowship – companionship, association, intimacy or sharing as of experience, interest

Opposites (Character Defects) – unsociability, antagonism, hostility, loner

Upcoming Events

Pancake Breakfast/Meeting – April 3rd at 9:00am - Tickets \$5.00 each – hosted by the Lost and found Group, 339 E. Ave K-8 #115

Mini Speaker Jam – May 12th at 2:00pm thru 9:00pm – Pot Luck 3:45pm thru 5:00pm – Fun, Fellowship and Live Entertainment – All are Welcome – at 339 E. Ave K-8 #115 – hosted by the Tuesday Night Women's Meeting

Twelve Steps to Insanity

1. We admitted we were powerless over nothing - that we could manage our lives perfectly. We could also perfectly manage the lives of those around us.
2. Came to believe that there was no power greater than ourselves and that the rest of the world was insane.
3. Made a decision to have our loved ones turn their wills and lives over to our care even though they couldn't understand us at all.
4. Made a searching and fearless inventory of everyone we knew.
5. Admitted to the whole world the exact nature of everyone else's wrongs.
6. Were entirely ready to make others give us the respect we thought we deserved.
7. Demanded that others do our will because we were always enlightened.
8. Made a list of all the persons who had harmed us and became willing to go to any length to get even with them all.
9. Got direct revenge on such people wherever possible except when to do so would cost us our lives or at least a jail sentence.
10. Continued to take inventory of others, and when they were wrong promptly and repeatedly told them about it.
11. Sought through complaining and self-medication to improve our relations with others as we could not understand them at all, asking only that they do things our way.
12. Having had a complete physical, emotional, and spiritual breakdown as a result of these steps, we tried to blame others and get sympathy in all our affairs.

Author Unknown

Service Committees

Area Meeting – 1st Sunday at 44839 Yucca Ave at 2:00pm.

H&I – 4th Thursday at 918 W. Ave. J room 14 at 7:30pm.

Activities – 3rd Wednesday at 44429 Hanstead St. at 7:00pm.

Phone lines – 3rd Saturday at 339 E. Ave K-8 Ste 115 at 5.00pm.

PI – 3rd Saturday at 1828 E. Ave J9 Unit #4 at 6:00pm

Newsletter – 2nd Thursday at 41033 13th St. West at 6:00pm.

Convention – 3rd Wednesday at the R.S.O. – 1937 Myrtle Ave. in Monrovia 7:30pm.

Helpful Info

Tumbleweed Newsletter % S.A.V.A.N.A.
P.O. Box 902785
Palmdale, Ca. 93550

24hr Helpline – (661)266-2200
24hr Regional Helpline – (800)863-2962

Tumbleweed_Newsletter@Yahoo.com
S.A.V.A.N.A. Website www.sava-na.org

Tumbleweed Staff

Marshall S.....Chair/Editor
Frank O.....Vice-Chair
.....Secretary/Treasurer
Billy G.....Columnist

This document was created with Win2PDF available at <http://www.win2pdf.com>.
The unregistered version of Win2PDF is for evaluation or non-commercial use only.
This page will not be added after purchasing Win2PDF.